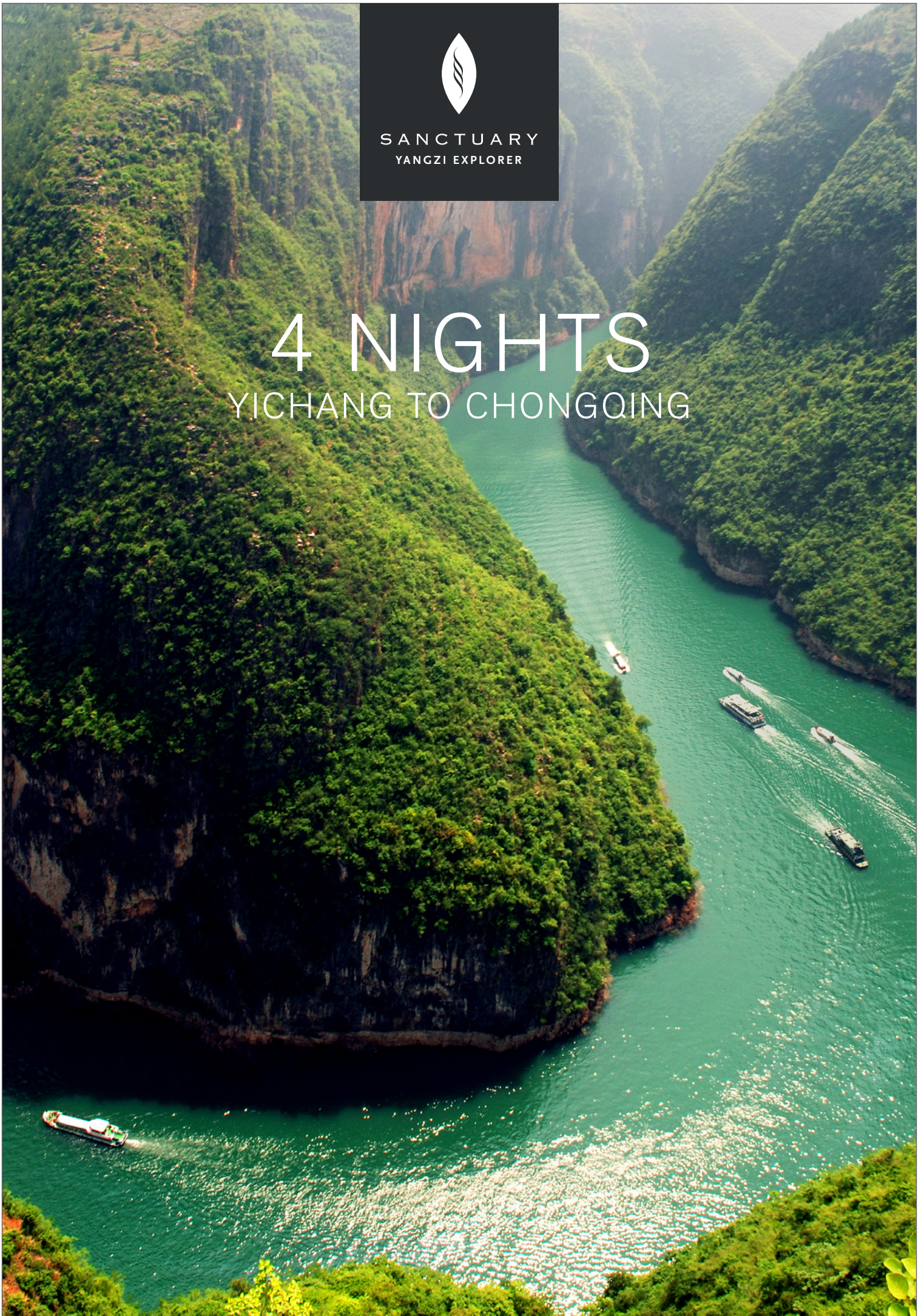




SANCTUARY
YANGZI EXPLORER

4 NIGHTS

YICHANG TO CHONGQING





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DAY ONE | DEPART YICHANG

Welcome on board the Sanctuary Yangzi Explorer.

In the evening, arrive at Sanctuary Yangzi Explorer and settle into your cabin. Please note that your passport or local ID is required for check-in, and that your photograph will be taken for security identification purposes.

The four night cruise sets sail on an upstream course along the Yangzi River the following morning, through the beautiful Three Gorges region. The total length of this cruise is 660 kilometres (402 miles) and is famous for its stunning scenery and is historically and culturally important location for China.

Optional: Embarkation dinner (additional charge)

Later in the evening, a documentary about the Three Gorges Dam Project will be shown in your cabin.

DAY TWO | XILING GORGES & THREE GORGES DAM PROJECT

Start your morning with traditional Tai Chi, led by our certified Tai Chi Master. Work up an appetite for the buffet breakfast, followed by a safety briefing and ship orientation. After breakfast, view the Xiling Gorge, the longest of the Gorges, measuring some 76 kilometres (47 miles) in length. Enjoy the view of the river where the river widens and sweeps through groves of orange and pomelo trees.

Next, visit the Three Gorges Project Dam Site and Exhibition Centre. The project was started in 1992, partially completed in 2009 and is due to be finished in 2015. The dam spans 1.2 miles in width and 600 feet in height, and is the largest and most expensive engineering project in the world.

In the afternoon, enjoy afternoon tea and a selection of activities on board, including a Chinese Medicine demonstration and Orientation to China presentation. Tonight there will be a Captain's reception followed by an a la carte dinner. After, take part in karaoke or retire to your cabin for a cultural movie.





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DAY THREE | THREE GORGES

Start your morning with traditional Tai Chi, led by our certified Tai Chi Master, and work up an appetite for the international buffet breakfast. This morning cruise the Shennong Stream and disembark at Badong to join a local longboat (sampan) poled by Tujia boatmen. Crystalline waters, verdant forests and stunning riverine gorges provide an incredible backdrop for this experience. It's also interesting to see the Tujia boatmen are still wearing traditional handmade sandals to work on the boats.

After lunch on board, view the Wu Gorge followed by a Chinese calligraphy demonstration. Alternatively, enjoy an optional tour to the White Emperor City (additional cost and subject to availability) before afternoon tea.

Late afternoon the Sanctuary Yangzi Explorer will enter the Qutang Gorge through two imposing cliffs at Kui Men gate which marks the western extremity of the gorge.

In the evening, a la carte dinner will be followed by our crew variety show.

DAY FOUR | FENGDU

Start your morning with traditional Chinese exercise and work up an appetite for the buffet breakfast. Afterwards there will be a shore excursion to Fengdu, where you can visit the Relocated Village. After lunch join our wheelhouse tour and take part in our selection of activities, including an arts & craft presentation, Chinese tea appreciation, and dumpling demonstration.

Tonight you will be greeted by dancing lions for our "Taste of China" dinner. Remember to pack your traditional Chinese outfit.

DAY FIVE | CHONGQING

Enjoy an international buffet breakfast before disembarking at 9am.



SAMPAN