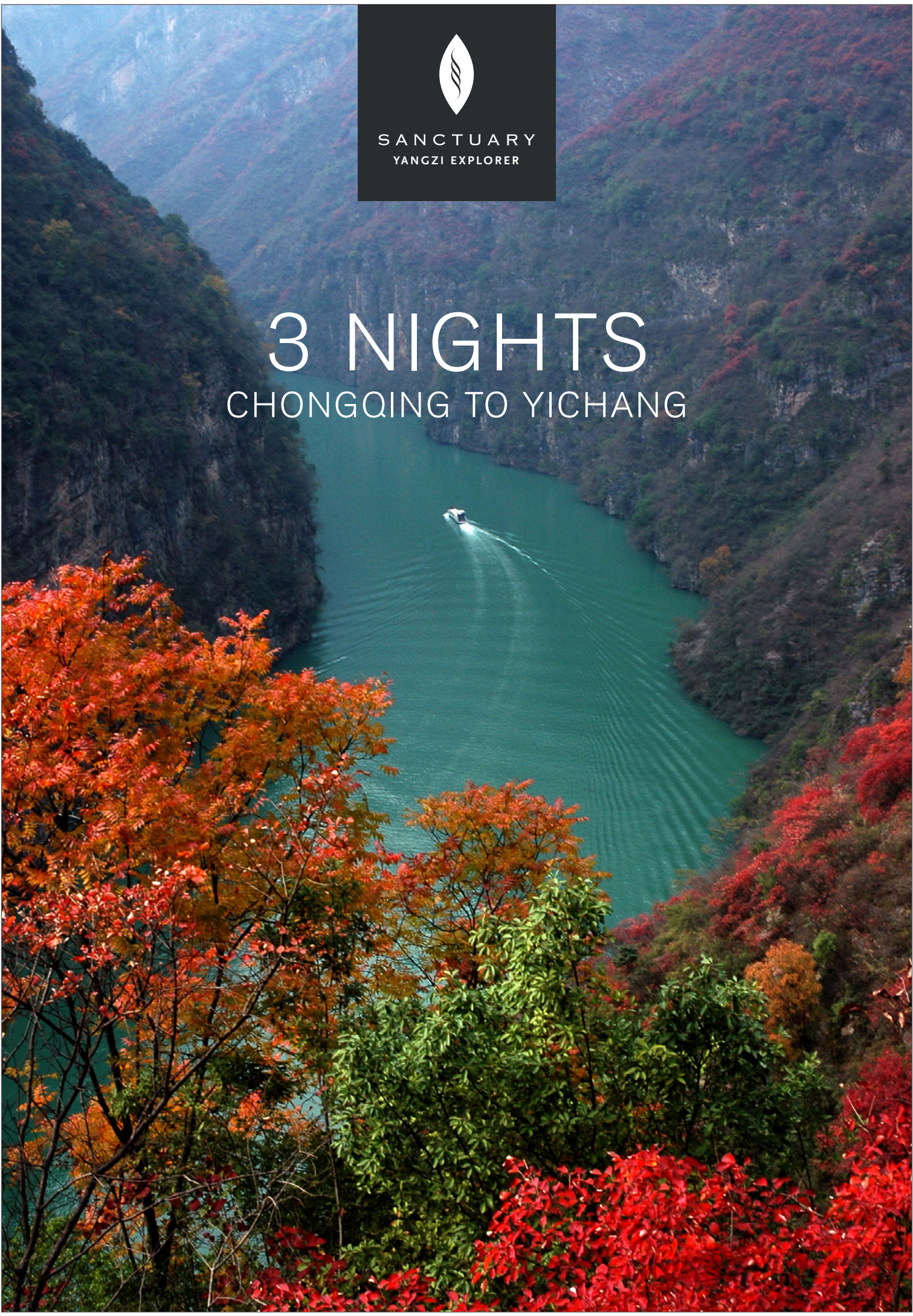




SANCTUARY
YANGZI EXPLORER

3 NIGHTS

CHONGQING TO YICHANG





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YANGZI EXPLORER

DAY ONE | DEPART CHONGQING

Welcome on board the Sanctuary Yangzi Explorer.

This evening, board the Sanctuary Yangzi Explorer for your cruise to Yichang. Please note that your passport or local ID is required for check-in, and that your photograph will be taken for security identification purposes.

After settling into your cabin, the ship will set sail on its downstream course through the Three Gorges region. The total length of this cruise is 660 kilometres (402 miles) and is considered by most Chinese to represent the single most scenic area in all of China.

Optional: Embarkation dinner (additional charge)

Later in the evening, a documentary about the Three Gorges Dam Project will be shown in your cabin.

DAY TWO | FENGDU

Start your morning with traditional Tai Chi, led by our certified Tai Chi Master. Work up an appetite for the buffet breakfast, followed by a safety briefing and ship orientation. Afterwards, there will be a shore excursion to Fengdu with a visit to the Relocated Village.

Enjoy lunch and afternoon tea on board, and choose from a range of activities including Chinese reflexology, Chinese painting and calligraphy, and lectures.

The evening will begin with the Captain's reception, followed by an a la carte dinner and crew variety show.





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DAY THREE | THREE GORGES

Early this morning the Sanctuary Yangzi Explorer will enter Qutang Gorge. After breakfast, enter the Wu Gorge, known for its 12 famous peaks. Take part in an arts & craft demonstration before cruising the Shennong Stream. Disembark from the ship at Badong and board a ferry to a local longboat (sampan) poled by Tujia boatmen. Crystalline waters, verdant forests and stunning riverine gorges provide an incredible backdrop for this experience. It's also interesting to see the Tujia boatmen are still wearing traditional handmade sandals to work on the boats.

After lunch, view the Xiling Gorge and later enjoy an artisan demonstration followed by a lecture about China.

Tonight you will be greeted by dancing lions for our "Taste of China" dinner. Remember to pack your traditional Chinese outfit.

DAY FOUR | YICHANG

After breakfast, arrive at the Three Gorges Project Dam Site and Exhibition Centre. The project was started in 1992, partially completed in 2009 and is due to be finished in 2015. The dam spans 1.2 miles in width and 600 feet in height, and is the largest and most expensive engineering project in the world. The dam's 32 generators will generate enough clean energy to reduce China's reliance on coal. However the project has also caused much controversy, due to submerging 13 cities, 140 towns, 1,352 villages, over 600 industrial factories and more than 1,200 archaeological projects, as well as resettling 1.2 million people as a result of the flooding.

Disembark the Sanctuary Yangzi Explorer at around midday for you onward journey.



SAMPAN